



STUDY SCHEDULE

COURSE:

I AM STUDYING FOR: Exam Quiz General review of content

Step 1: Make a Plan

WHERE (STUDY SPACE):

DAY(S) AND TIME(S):

MATERIALS/RESOURCES:

WITH WHO (CLASSMATES):

Step 2: Pick Your Strategies

Preparation Strategies

Identify, organize, and consolidate material

- Making flashcards
- Taking notes or reorganizing notes
- Outlining and summarizing
- Predicting questions and their answers
- Drawing diagrams or creating concept maps
- Listing practice problems
- Compiling questions at the end of each chapter
- Other:

Review Strategies

Self-test and evaluate your learning

- Practicing flashcards
- Explaining or teaching concepts
- Reciting main ideas without looking at your notes
- Taking a practice test
- Quizzing yourself (try to mimic test conditions)
- Outlining answers to essay questions
- Developing a position or debate
- Other:



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Step 3: Make a Plan

GOAL (1–2 MINUTES):

FOCUSED MATERIAL:

STUDY STRATEGY:

BREAK ACTIVITY (10–15 MINUTES):

REVIEW STRATEGY (5–10 MINUTES):

Reflect and Decide

Should I continue studying? Should I take a break? Should I change material, task, or subjects?